**Township of Hamilton Police Department**

**Written Essay and Physical Testing Instructions**

**Date: Saturday - April 5, 2025**

**Time: 8:00am – 1:00pm (7:30am registration)**

**Location: William Davies Middle School**

**1876 Dr. Dennis Foreman Drive**

**Mays Landing, NJ 08330**

**Attire: Dress appropriately for physical testing (i.e. shorts, t-shirt, sweatshirt, etc.). You will not be given an opportunity to change.**

Dear Applicant,

The Township of Hamilton Police Department will be hosting written and physical testing for all police applicants on Saturday, April 5, 2025 beginning at 8:00am (doors will open at 7:30am for registration). The testing location will be the William Davies Middle School located at 1876 Dr. Dennis Foreman Drive, Mays Landing. Testing will begin promptly at 8:00am. **ENTRY WILL BE DENIED TO ANY APPLICANT ARRIVING AFTER 8:00AM.**

When you arrive, please park in the south-side parking lot, where you will be directed to the registration location. Applicants shall only bring the following items with them for registration and testing:

* Driver’s license
* Signed medical clearance form
* Bottled water bottle, small snack (not required)

The following items are **PROHIBITED**:

* Cell phones
* Smart watches
* Electronics
* Bags, backpacks, purses

**ANY APPLICANT WHO FAILS TO BRING BOTH THEIR DRIVER’S LICENSE AND SIGNED MEDICAL CLEARANCE FORM WILL NOT BE PERMITTED TO PARTICIPATE IN THE TESTING.**

Testing procedures for the day will be as follows:

* 7:30 – 8:00am – Registration
* 8:30 – 9:30am – Written Essay
* 09:45 – 1:00pm – Physical Testing

Applicants who do not meet the following minimum standards for any portion of the physical testing will not move forward in the hiring process:

* Vertical Jump – 12.5 inches
* 1 Minute Sit-up: 22 repetitions
* 300 Meter Run: 70.1 seconds or less
* 1 Minute Push-up: 19 repetitions
* 1. 5 Mile Run: 19:00 or less

Applicants who pass both the physical testing and written essay will be contacted in the following weeks to schedule interviews. Please do not call to ask about your status.

**TESTING WILL BE RAIN OR SHINE**.

Any questions should be directed to: recruitment@hamiltonATLNJ.gov

Thank you for your interest with the Township of Hamilton Police Department and good luck!

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Chief Gregory K. Ciambrone

Township of Hamilton PD